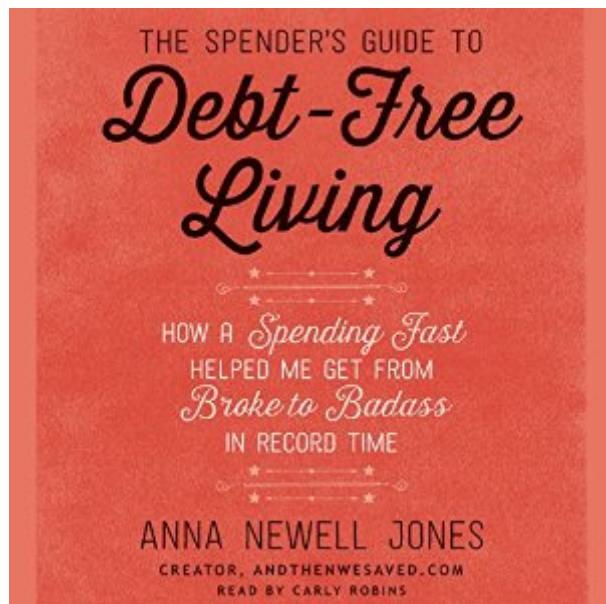


The book was found

# The Spender's Guide To Debt-Free Living: How A Spending Fast Helped Me Get From Broke To Badass In Record Time



## Synopsis

Popular blogger Anna Newell Jones of AndThenWeSaved.com delivers this self-help manifesto that reveals how a "spending fast" will help you get on the road to living debt free. In 2009, young photographer Anna Newell Jones was rapidly suffocating under the weight of too much debt. An inveterate spender, she was in way over her head, to the tune of almost \$24,000. She knew her debt was only going to get worse if she didn't take action, but she didn't know where to look for help. On a whim, Anna decided to go on a spending fast - an idea she heard in passing but knew little about. Creating her own method, she learned what worked and what didn't and wrote about it on her blog, AndThenWeSaved.com. Amazingly, Anna was able to eliminate all \$23,605.10 of her debt in only 15 months! She was interviewed in Forbes, Self, Glamour, Good Housekeeping, and the Chicago Tribune. Anna's journey inspired people and showed them that they too could change the way they dealt with their own money woes. The Spender's Guide to Debt-Free Living takes listeners through a detailed, step-by-step plan on how to do a spending fast and get out of debt, including: Creating a personalized debt-free life pledge Understanding where your money is going when you're in debt and where it will come from to pay it off Learning why putting money into a savings account before (or while) paying off debt may not be the best idea for you Finding additional income sources and generating side gigs Reintegrating spending into your life once you're out of debt so that you stay out of debt Filled with do-it-yourself ideas, insight from experts, and tons of motivational tips and real-life practical advice, The Spender's Guide to Debt-Free Living proves that you don't have to win the lottery or get a new job to change your life.

## Book Information

Audible Audio Edition

Listening Length: 7 hoursÂ andÂ 34 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: HarperAudio

Audible.com Release Date: April 26, 2016

Language: English

ASIN: B01BLV6D6G

Best Sellers Rank: #83 inÂ Books > Audible Audiobooks > Business & Investing > Personal Finance & Investing #100 inÂ Books > Business & Money > Personal Finance > Budgeting & Money Management #102 inÂ Books > Audible Audiobooks > Nonfiction > Reference

## Customer Reviews

I just finished reading Anna's book and I really liked it. Not everything relates to me or my debt, but there are tons of tips and ideas in the book that I can use. For example, at the very end she gives you a list of 150 things to do besides spend money including washing your car, write someone a letter, bake cookies, lie in the grass and watch the clouds, pet your cat/dog, go on a hike, Netflix binge, dance, go for a bike ride, etc. I even added a few of my own when I made my own personal list like kiss my kids and call my parents/sibling. It really opened my up to the fact that there really are a billion other things that are better in life than buying something I don't need. She also discusses the way you will feel so much better once you are out of debt because now you can save more or put money towards a house or vacation or whatever you want. Anna Newell Jones also hits the nail on the head when she mentions that you are going to see your finances differently once you are done fasting and paying off debt. Before I read this book, I was already in the process of paying down debt my own which has been working just fine, my system just needed a little tweaking... enter Anna's book... and while paying down my own debt I began to see money so differently. Not more important per se, just something that really did matter. I have kids and can't afford to be spending like its my day job because frankly its not. I'm a Navy wife with limited income and bills to pay and so I relate to Anna when she mentioned in the book that you are going to appreciate your money more and be careful what you are buying. The Needs and Wants lists were also dead on.

[Download to continue reading...](#)

Debt Free for Life: The Ultimate Guide to Get Out of Debt (FREE Bonuses Included) (Debt, Debt Free, Debt Free Forever, Debt Free for Life, Debt Free for Good, Debt Management, Get Out of Debt) The Spender's Guide to Debt-Free Living: How a Spending Fast Helped Me Get from Broke to Badass in Record Time The Spender's Guide to DebtFree Living: How a Spending Fast Helped Me Get from Broke to Badass in Record Time How to Start a Electronic Record Label: Never Revealed Secrets of Starting a Electronic Record Label ( Electronic Record Label Business Guide): How to ... a Eletr Record Label: Never Revealed Secret The Death of Money: Best Tips How to Survive in Economic Collapse and Get out of Debt (dollar collapse, prepper supplies, prepping, debt free, free money) ... self help, budgeting, money free Book 3) Frugal Living: 55 Tips to Save Money! Enjoy Living on a Budget, Become Debt Free, and Have Complete Financial Independence (Frugal Living Books, frugal living for dummies, frugal living made simple) The Recovering Spender: How to Live a Happy, Fulfilled, Debt-Free Life Money Management Tips: Control Money Don't Let It Control You (Budgeting your money, How to save money tips, Get out of debt fast, Live cheap, Debt free,

Spend less) 31 Days of Living Well and Spending Zero: Freeze Your Spending. Change Your Life. Badass: A Relentless Onslaught of the Toughest Warlords, Vikings, Samurai, Pirates, Gunfighters, and Military Commanders to Ever Live (Badass Series) Wheat Belly Diet For Beginners: Grain-Free, Wheat-Free, Gluten-Free Cookbooks and Recipes For Weight Loss Plans and Solutions Included! (Wheat Free Grain Free Gluten Free Weight Loss Diet) (Volume 1) The Death of Money: The Prepper's Guide to Survive in Economic Collapse and How to Start a Debt Free Life Forver (dollar collapse, how to get out of debt) (Preppers, self help, budgeting Book 1) The Debt Escape Plan: How to Free Yourself From Credit Card Balances, Boost Your Credit Score, and Live Debt-Free The Death of Money: How to Survive in Economic Collapse and to Start a New Debt Free Life (dollar collapse, prepping, death of dollar, debt free, how to ... how to make money online, shtf Book 1) Debt-Free Living: Eliminating Debt in a New Economy Debt-Proof Living: How to Get Out of Debt & Stay That Way How to Reduce Your Debt Overnight: A Simple System to Eliminate Credit Card and Consumer Debt Fast Debt Free or Die Trying: How I Buried Myself in Over \$30,000 in Debt and Dug My Way Out Master Your Debt: Slash Your Monthly Payments and Become Debt Free The Money Saving Mom's Budget: Slash Your Spending, Pay Down Your Debt, Streamline Your Life, and Save Thousands a Year

[Dmca](#)